

# NEW YEAR, NEW YOU

Don't face your new year's fitness goals alone. Whatever your motivation, partner with our degreed personal trainers to set realistic, yet ambitious goals and develop a customized plan to reach them. By using our trained staff, you'll reach your objective faster and more safely than you could on your own.

## TAKE ADVANTAGE OF OUR LIMITED TIME NEW YEAR PROMOTIONAL PRICING!

▶ New Personal Training clients only.

**\$111 for three**

**30 minute sessions**

Regularly priced at \$132

**\$240 for six**

**30 minute sessions**

Regularly priced at \$264

**\$66 for three**

**30 minute buddy sessions**

Regularly priced at \$84